**CHOOSE YOUR HOME HELP PROVIDER**

**Since you are entitled to home help, you can choose between five home help providers.**

**Here is a presentation of SAAND:**

**SAAND**

**We provide home help based on your needs and with a big heart throughout Botkyrka Municipality, daytime from 7 am to 11 pm. Welcome to SAAND!**

**SAAND in brief**

**Company form:** Private

**Operating since:** 2015

**Operations in other municipalities**

Västervik Municipality.

**Operating hours**

Offers support between 7 am and 11 pm. Help between 11 pm and 7 am is provided by Botkyrka Municipality’s night service.

**Specialist expertise**

Dementia, end-of-life care, mental health, addiction.

**Languages other than Swedish**

English, Arabic, Kurdish, Dari, Persian, Somali, Bosnian and others.

**Trained assistant nurses, percent**

At least 50 percent.

**More about SAAND**

**Food and mealtimes**

Here at SAAND, we ensure that your mealtimes are of good quality and as enjoyable as possible. We can cater for each individual’s food and mealtime wishes and needs. We are aware of and watch for conditions that can cause malnutrition and report any issues to the concerned nurse.

**Staff expertise**

All staff have previous experience of working with people, many within dementia care. We provide regular skills development in, for example, social interaction, dementia and mental health. All staff have at least completed secondary school. The company’s management team includes a nurse and an occupational therapist.

**Work methods and aims**

We are a company with a big heart, and we strive to maintain a close relationship with everyone who uses our services. When you choose SAAND, you are assigned a contact person who will get in touch with you within 24 hours. Together, we shape your help based on your granted home help and your life situation. One of SAAND’s goals is to create peace of mind and continuity by ensuring that as few people as possible help you in your home. We have trained staff who deliver quality on your terms and with the language skills to meet your needs.

**Contact details**

Website: www.saand.se

Phone: 010-155 03 00

E-mail: [info@saand.se](mailto:info@saand.se)

**Who is to help you from day to day?** Read more at **botkyrka.se/valmöjlighet**, call 070-239 02 81 or e-mail hemtjanst.valmojlighet@botkyrka.se